



**CHAIRMAN'S CORNER:**

We are looking forward to supporting the Women's Health and Wellbeing Consultation that the government is proposing. At any age it is important to look after our health but even more so as we get older and many of us are getting to that stage.

I hope those who went enjoyed the Dreaming Trees in the park, I was unable to go that night but am hoping to fit it in before it finishes, otherwise it will have to be next year and keeping my fingers crossed that they'll do it again!

Looking forward to lots of entries for our quiz and baking competitions, good luck to you all.



**JOY THOMSON (Chairman)**  
01534 732295  
wijersey.chairman@gmail.com

**FEDERATION DIARY DATES - MARCH**

Mon	04	1400	<b>Badminton</b> (weekly) New Gilson Hall, La Pouquelaye
Thu	07	1030	<b>Strictly Easy Dancing</b> (weekly) L'Hermitage Gardens Village Hall
Fri	15	1930	<b>Scrabble</b> L'Hermitage Gardens Village Hall
Sat	16	1000	<b>Crochet Club</b> WI Office
Wed	20	am/eve	<b>Groovi Parchment Craft Groups</b> WI Office
Fri	22	1400	<b>Canasta</b> L'Hermitage Gardens Village Hall
Sat	23	1030	<b>Baking Competition</b> St Ouen's Parish Hall
Sat	23	1430	<b>Home Economics Afternoon Tea</b> St Ouen's Parish Hall
Sun	24	1245	<b>Sunday Lunch Club</b> Radisson Blu
Thu	28	1030	<b>Walk</b> Les Quennevais Sports Centre
Thu	28	1930	<b>Inter-WI Quiz</b> Trinity Parish Hall

April			
Sat	13	1400	<b>ACWW Walk the World and Tea</b> St Martin's Public Hall

*If you are unable to register at your WI meeting but would like to attend a Federation event, please contact the organising Chairman or the WI Office. Please do not just turn up as venues often have limits to the number of guests allowed on the premises and admitting over this number invalidates our insurance.*

**Please do not attend an event if you are experiencing Covid-19 symptoms. Please take a lateral flow test to check for a negative result before attending WI meetings or Federation events.**

**'TEMPS PASSE'**

**Federation Quiz Winners  
Greve d'Azette in 2016**

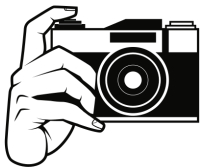
L-R  
Doris Golding, Pat Smith, Joanne Hargreaves, Anne Amy with Brenda Smith (Federation Chairman) and Quiz Master Anita West



## COMBINED ARTS

A short half term of **Strictly Easy Dancing** this time starting on **22 February** until 21 March with no session on the 29 February. Cost £25 or £6.50 if you pay on the day.

I hope you are thinking of ideas or are out already with your cameras snapping away for the Photography Competition "Up, Up and Away".



**Keep the Date** - Thursday 23 May - Murder Mystery Evening with a Pudding Club. More details to follow.

Please could you let me know your thoughts on whether you would be interested in a Ceilidh/Barn Dance on an Autumn afternoon with afternoon tea rather than an evening event.



**BRENDA SMITH 07700 335599**  
wijersey.combinedarts@yahoo.com

## CRAFTS & ART

Good luck to everyone who has entered the Spring Eisteddfod. I hope the WI has lots of entries in the various sections.



**Crochet club** is on **Saturday 16 March** at the W I office from 1000 till 1200. Everyone is welcome to come along for a friendly chat, tuition if you need it and most importantly, tea and cake. Bring your knitting or crochet or just come along for the company. The charge is £3. Please bring your own mug.

The **Groovi Parchment Groups** are on **Wednesday 20 March** at 1000 or 1900 for 2 hours each. All equipment is provided. Please call Maureen (741464) for more information.



**ANGELA LISTER 01534 732551**  
wijersey.craftsandart@gmail.com

## HOME ECONOMICS

Please come along to enjoy the best of WI baking on **Saturday 23 March** at St Ouen's Parish Hall. Tea or coffee with a slice of victoria sandwich and/or treacle tart on offer from 1430 'til 1630.

Competitors should deliver their bakes between 1030 and 1100. This is a good fund raiser for the category so I look forward to seeing you all.



**JUDITH PAINTER 01534 743196**  
wijersey.homeecc@gmail.com

## INTERNATIONAL



This year's **ACWW Walk the World** is arranged for **Saturday 13 April**, starting from St Martin's Public Hall. Please arrive in time for a 1400 departure if you wish to walk. Tea and cake will be served from 1500 to 1630 in the hall. Cost £5 or £3 if you are just taking tea. We look forward to seeing you. The walk will take approximately one hour and is along quiet country lanes, where possible. This is a mostly flat walk but please phone me if you have any queries.



**SARAH JOHNSON 01534 742718**  
wijersey.international@gmail.com

## MEMBERSHIP SUPPORT



WIs are invited to enter a team in the **Inter-WI Quiz**, competing for the Diamond Jubilee Shield, at Trinity Parish Hall on **Thursday 28 March** commencing at 1930. Entry fee £15. Second teams may be possible subject to space. See the entry form for details.

MAUREEN BOUGEARD 01534 741464  
wijersey\_membership@yahoo.co.uk

## SPORTS & LEISURE

**Badminton** continues on **Monday afternoons**. No booking form to fill in, just come along to the New Gilson Hall at 1400 where you can bash shuttles to your heart's content until 1500. New players are always welcome. £3.00 per session. All enquiries to Joan please (Tel: 726911).

Our next **Scrabble** session is on **Friday 15 March** at L'Hermitage Gardens Village Hall at 1930. Everyone (including friends) welcome, particularly beginners – just put your name on the form to ensure we have enough refreshments and pay on the night. We play with 'open' dictionaries where players can look up any words they wish to, before playing them, without penalty, so come along to stretch those 'little grey cells'. Cost £5.50.

**Canasta** players are invited to meet at 1400 on **Friday 22 March** at L'Hermitage Gardens Village Hall, Beaumont. Please reserve your place on the registration form and pay £6 on the day. These sessions are for Improvers and those who enjoy the game. We will not be teaching how to play. If you would like to learn to play, please contact me. Parking behind the Goose on the Green (two hours for the price of one).



I will be leading the **Walk** on **Thursday 28 March** from Les Quennevais Sports Centre and hope the weather will be kind to us! Please meet at 1030 for some good exercise. Remember to show your yellow parking disc and don't forget to wear sensible footwear and clothing. Call me (Tel: 741464) if you have any questions about the route.



MAUREEN BOUGEARD 01534 741464  
wijersey\_slac@yahoo.co.uk

**RIDDLE**—What sleeps through the day and comes out at night? The more it weeps, the more it creates light.

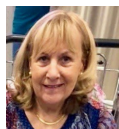
Answer on Page 11

# FEDERATION

## FINANCE

Please remember that subscriptions are due and payable in April. If you are unable to attend your meeting, please contact your WI Treasurer to arrange payment.

In the March mailing, WI Treasurers will find a reminder of subscriptions payable between 01 April 2024 and 31 March 2025. When sending Membership Fees to the WI Office, please include a list of which members the fees relate to.



**ANITA WARD**  
01534 887845  
wijersey.treasurer@gmail.com

## GENUINE JERSEY POTATO COMPETITION



Our potato kits have been delivered and the weigh-in will take place on Monday 13 May. More details next month.

**MAUREEN BOUGEARD** 01534 741464  
wi.jersey@yahoo.co.uk

## SUNDAY LUNCH CLUB

Di Gladwell and Julie Shaw (St.O) have organised a carvery lunch at Radisson Blu for Sunday 24 March, 12.45 for 13:00. Price £24.95 pp not including tip. Drinks to be paid separately. Card or correct cash please. Your secretary has the booking form. If unable to attend, please call Di or Julie at least 24 hours before.



**Di Gladwell 01534 741907**  
**Julie Shaw 01534 482466.**

## DIAMOND DRAW

Winners for January were £50 (54) Ann Malorey (SL); £30 (16) Mandy Ahier (FT&M). At the time of writing the February draw has not taken place. Results next month.

Tickets for the rest of the year are available. £10 for 10 months (March to December). Please send a cheque for the relevant amount to the WI Office or contact your WI Treasurer to make alternative arrangements. A number will be allocated to you and tickets sent via the next possible WI mailing or include a stamped addressed envelope for it to be sent to you direct. To help our admin, please, when sending personal cheques to the office for a ticket can you include the WI you belong to - thank you. Payments can be accepted via BACS to JIFWI, Account No. 87641560; Sort Code: 30-94-61; Reference Diamond Draw.

## NICHOLSON TROPHY 2023.

WI Presidents please hold a secret ballot of all your full members and put the results on the form supplied and return it to the Office by Thursday 21 March. Remember that every member has a personal vote.

## NOTICEBOARD

Calling all Canasta players. St Martin's W.I. invite you to join them on the 3rd Monday of each month at the Public Hall, St Martin for a game. We start at 2 15 pm the cost is £3.00 pp to include refreshments.

Please contact Anne on 730409/07797 757679 or email [apasturel@live.co.uk](mailto:apasturel@live.co.uk) to register



## **Joy's Journal February 2024**

What a miserable month February has been! I can't wait for some warmer and sunnier days although the rain did let up for part of the day as I am writing this. Let's hope it's a foretaste of better weather to come.

Federation-wise it's been quite a quiet month but at least we didn't have to cancel events because of the weather. I hope those who went to see the Dreaming Trees enjoyed the spectacle. It sounded wonderful and I was very disappointed not to be able to go. I do hope it returns next year when I plan to make it a definite in my diary.

Bingo is our next event with good numbers signed up so it should be a great afternoon and I know Sarah is preparing for the ACWW walk in April so hopefully fingers crossed that she has better weather as she prepares our route round St Martin.

Next month will be Annual Meetings, of course, so I do hope you are preparing for your committee and officers. Don't forget you can always job share if you think you won't have enough time or experience. Good luck!

Joy xxx



## FEDERATION REVIEWS

*Thank you for your feedback from the Federation Lunch*

What a lovely meal on Saturday, thoroughly enjoyed it, so well done everyone involved in organising it. (And us!) - MDG

A very big thank you for organizing the lunch on Saturday which was excellent....it was good to meet up with other members who I hadn't seen for a while. - JC

Thank you for arranging a delicious lunch at St Brelade's Bay Hotel we ( 5 St John's) thoroughly enjoyed it. — KB

### OUT AND ABOUT AROUND THE WÍ'S

#### St. Aubin & St. Peter

Our speaker in February was Lou Hicklin from Kairos Arts, a charity of Christian principals who explained their work in Jersey, India and Bolivia. They arrange various workshops, training and therapies for women and children who have suffered in their lives. Abroad, volunteers go out and support and train women and children to make items to sell to support themselves. It was a very eye-opening talk.

She was joined by Rachel and members were then able to purchase colourful handmade items to support their work.



#### St. Clement's

Pauline Daly our President came straight from the airport to chair the meeting.

The meeting began with our speaker Cathy Le Feuvre who gave a very interesting account of her career in the media. Her first taste of reporting was at Bath University when she worked on the student paper, from there she has worked in the UK and Jersey both for newspapers television and radio. She now spends more time writing and has had books published. Kathy also mentioned how technology has advanced and how much easier it is for reporters these days compared to when she first started out.

The business section of the meeting took place after we had had a tea break members being reminded that it will be the annual meeting next month

## OUT AND ABOUT AROUND THE WI'S

### Trinity

Eyecan is a Charity founded in 1886 focused solely on supporting islanders with sight impairment which is often a hidden disability. Chris, their Rehabilitation Officer, gave a very interesting talk advising us how important it is to visit the opticians at least every two years. Using four pairs of demonstration spectacles we could see the effects of sight loss on one side, tunnel, patchy and central vision. He demonstrated the available aids and informed us that one of their current projects is the children's voucher scheme. They work closely with Guide Dogs for the Blind in Southampton and anyone can go to Eyecan without having been referred.



At the recent Arts, Crafts and Photography afternoon Trinity members entered some very clever interpretations on the subject of "Holidays", with Sharon Gisler winning the Novice award for her "Seaside Post Card" and Norma Spiller getting special praise for her "Summer Hat."



### La Moye

In February La Moye celebrated the WI's 71st birthday. After going through news and forthcoming events everyone enjoyed partaking of a colourful array of food.

Members had brought quiche, tomato and mozzarella salad, frittata, feta cheese salad, coleslaw, dips with vegetables, crisps and sandwiches for a Bring and Share supper. This was followed by a choice of four trifles with ice cream and cream then tea and coffee.

This celebration is always enjoyed by La Moye ladies during what can be a bleak time of year.



## OUT AND ABOUT AROUND THE WI'S

### St. Lawrence

This month saw another very interesting talk. This time from Nick Romeril. Originally from a Jersey farming family he chose to be an artist. He produces wonderful pictures and is known internationally as an artist.

He described his placement in Zululand South Africa, beautifully illustrated with picture slides. His visit provided inspiration for his art but of equal importance to him was the work of conservation and the lives of the local people. He was a volunteer with the Wildlife ACT Mission.

Nick also spent time in the Drakensberg Mountains tracking vultures. There he saw thousands of Jersey cattle being farmed. A charity also donates a Jersey cow to single mothers to help them be self-sufficient.

Nick made the hare for the Durrell tortoise campaign. It raised £100,000 for the zoo!



This month's competition was:- " Make an African animal."

Montse's wonderfully crafted lion was the winner.



### Greve d'Azette

Members of the Greve d'Azette WI met on Monday 5th February and were delighted to welcome Jean Treveleven who gave us a very interesting insight into being a Blue Badge Guide. She began her talk by explaining that the Institute of Tourist Guiding is a National Institution. She also explained that it was by talking part in the Governor's Walks led by Frank Falle that gave her the interest to take the Blue Badge qualification.

The Blue Badge: one year training mostly based on English tourism but with lectures on local topics.

Green Badge which identifies a person as a tourist guide, in Jersey this is a Bronze Badge

Mrs Treveleven mentioned that there are qualified Guides working with Coach Tours, Walking Tours and Site Tours. There are also specialist tours - The Mace, Church visits, Geo walks there are also a number of guides who speak more than one language taking tours for visitors. There is even a talk conducted in Jerrais.

Mrs Treveleven was warmly thanked for such a very interesting and informative talk.





## OUT AND ABOUT AROUND THE WI'S

### St. John

Our guest speaker for this month was Jo Thorpe, The Good Wife from Hamptonne. Jo started by telling us from a very early age she knew she was different but didn't know why she battled with her mental health. Jo went through the normal things in life teenager, getting married and having children. It's only now in mid life that Jo has found her real self/purpose and is at peace with whom she is.

Jo absolutely loves her job as the 17<sup>th</sup> century Good Wife at Hamptonne which she shared her great passion for with us. Jo thoroughly researched her character and loves playing it out to visitors over the 8 month season each year in the big kitchen, the children engage go finding the eggs and picking a wide range of different herbs which have been used widely over the centuries in cooking and medicines. Jo is in the middle of researching another character and finished by reading us a poem.



### St. Ouen

The institute was disappointed that the January had to be cancelled due to the snow, this doesn't happen very often in Jersey. Thus, the first meeting of 2024 was held in February, the speaker was Carl Walker from the Jersey Consumer Council. In light of the recent announcement from the Co-op, it was fortuitous that Carl was able, to the best of his knowledge and belief, to inform the members how the Co-op had come to their decision regarding payment (or non-payment) of the 2023 dividend.

Carl also gave the members an insight to the psychology behind the ways supermarkets position and stack their shelves, who knew that the fruit and vegetable section was placed at the entrance to the supermarket on purpose. The talk was most insightful and many questions were raised by the members at the end.

The meeting ended with tea and pancakes, provided by the lovely ladies from the Poplars Tea Room.



## OUT AND ABOUT AROUND THE WI'S

### St. Martin

Our February meeting began by celebrating the achievements of several St Martin's ladies in the Island Crafts and Combined Arts competition. Their work was displayed for the members to admire and it was truly outstanding. There were entries in photography, painting, sewing and crochet.



The guest speaker for the evening was local artist Dawn Burrows who has worked at the Harbour Gallery since leaving teaching. Dawn explained that one of the objectives of the gallery is to support local artists. She is also a firm believer in the power of art to improve mental health. She leads the Arts Welfare section of Art in the Frame at the Harbour Gallery and she gave a full account of the different classes on offer.

Dawn also brought some of her beautiful paintings with her and then invited everyone to take part in a lego building activity, which the members thoroughly enjoyed. It was an excellent meeting which ended with lovely refreshments and a raffle.

### Le Hocq

There was a good turnout of members for the February meeting, the President Jenny Totty welcomed three new members.

The speaker was Susie Kelly of Dementia Jersey and Friends of which there are over fifteen hundred on Jersey, Susie emphasised that it is Living with Dementia not suffering from dementia, she outlined that Dementia is more genetic rather than hereditary.

With the aging population there are approximately sixteen hundred people with dementia and counting, as there is no official register Susie outlined several factors relating to dementia such as cognitive ability, mobility, shallow speech, emotions, the need for a slower and gentle conversation for the person to listen and adjust their perception of something and at the same time live well as they can as at present there is no cure though there are new drugs being tested which show some improvement.



Susie had to return home early so the business and future events was discussed after her talk followed with refreshments.

## OUT AND ABOUT AROUND THE WI'S

### First Tower & Millbrook

For our February meeting, it was our 74th birthday, so we had a party with food and cake. We were serenaded by The West Winds and Jean, Christine and Kim played some lovely music as well as telling us how they started up. Everyone found it really interesting & enjoyed the party. Some members could not come due to illness. We also discussed the monthly business.



Our knitting group have done well and completed 11 large blankets & 4 Baby buddy blankets all these went to Project Linus & 56 Hats went to the Sea Farers. Well done ladies.

A few of us went to see the dreaming trees, which was well worth going too.



*Answer to the Riddle—A candle*

## COOKERY CORNER

*From MyWI Recipes*

# Hot Cross Buns

**Serves:** 24



## Ingredients

- 900 g (2 lb) strong white bread flour
- 1 teaspoon salt
- 1-2 teaspoons mixed spice
- 4 teaspoons fast-action dried yeast
- 110 g (4 oz) caster sugar, plus 2 level tablespoons for the glaze
- 110 g (4 oz) butter, diced
- 110 g (4 oz) sultanas
- about 425 ml (15 fl oz) half and half warm milk and water
- 110 g (4 oz) plain flour

## Method

Place the bread flour, salt, mixed spice, yeast and sugar in a large bowl and mix together.

Rub in the butter until the mixture resembles breadcrumbs and then add the sultanas.

Add the milk and water and mix to form a soft dough.

Knead on a lightly floured surface for about 10 minutes until the dough is smooth and elastic.

Place in a clean, lightly oiled bowl, cover with oiled cling film or a clean tea towel and set aside in a warm place to rise for about 1½ hours or until doubled in size. Knead again for 2-3 minutes.

Divide the dough into 24 pieces, knead each piece until smooth and shape into buns.

Place on lightly greased baking trays, allowing room for the buns to rise.

Cover with oiled cling film and leave in a warm place until doubled in size – about 30 minutes.

Preheat the oven to 220°C/425°F/Gas Mark 7.

Mix the plain flour to a smooth paste with 8 tablespoons of water and spoon into a piping bag fitted with an 8 mm (3/8 inch) plain nozzle.

Pipe crosses over the tops of the buns.

Bake for 15 minutes or until brown and cooked.

While the buns are cooking, dissolve the 2 level tablespoons of sugar in 2 tablespoons of water.

Bring to the boil and brush over the buns while still hot.

Cool on a wire rack.